

**Headteacher: Andy Percival**  
**Chair of Governors: Ali Crompton**

**Airedale Academy**  
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**Thursday 4<sup>th</sup> December 2025**

Dear Parent/Carer,

**RE: Personal Development**

As part of the personal development programme at Airedale Academy, Year 9 will take part in personal development drop down days. These allow us to develop a significant part of the statutory PSHE and Careers curriculum.

The first one for students in Year 9 looks at the theme 'Be safe and healthy' and will take place on Tuesday 9th December 2025. Pupils will stay in their forms for the day and complete various lessons off timetable.

Sessions delivered by external speakers will include:

- Dwayne Hutchinson: Dwayne will be speaking with pupils about turning the challenges he has faced around crime and negative influences into positive ones. He now uses his experience to help young people make positive choices. <https://online.flippingbook.com/view/562034852/>
- Spectrum will be in delivering sexual health lessons based around.
- "Ahead of the game" – Supporting young people by promoting positive mental health  
Pupils will then have lessons delivered by teaches based around county lines, drugs and alcohol and overall health and wellbeing.

We hope our pupils value and enjoy these days. Should you have any questions or concerns regarding topics to be covered please do not hesitate to contact the school.

Yours faithfully

Danielle Lowe