

Rotation 2 Student Wellbeing topics for Y10

Within rotation one of student wellbeing with year 10 pupils will be learning about one of 3 topics these topics are:

Physical Health and Mental Wellbeing

Risk and Safety

Online Media

Please ask your child which unit they are completing this half term. Any requests to see the resources we use can be directed

AAInfo@northernambition.org.uk

Lessons within the Risk and Safety unit

Week 1: FGM
and health

Week 2: FGM

Week 3: Forced Marriage
control

Week 4: Coercion and

Week 5: Sexual harassment

Week 6: Breaking Up

Week 7: Relationship abuse

Useful Links to Websites :

www.domesticabuseservices.org.uk

www.childline.org.uk

www.refuge.org.uk

www.womensaid.org.uk

www.mankind.org.uk

www.galop.org.uk

www.stalkinghelpline.org

Lessons within the Health & Wellbeing unit

Week 1: Unplanned Pregnancy

Week 2: Birth Choices

Week 3: Birth

Week 4:

Postnatal Wellbeing

Week 5: Baby Loss

Week 6: Abortion

Facts

Week 7: Abortion Choices

Useful Links to Websites : www.nhs.uk/SERVICE-SEARCH/sexual-health

www.childline.org.uk

www.brook.org.uk/topics/pregnancy

<https://pandasfoundation.org.uk/>

<https://www.app-network.org/>

<https://www.mind.org.uk/>

www.miscarriageassociation.org.uk

Lessons within the Online Media unit

Week 1: FOMO

Gambling Harms

Week 3: Sending Nudes
towards nudes

Week 5: Grooming

Week 7: Online Blackmail

Week 2:

Week 4: Attitudes

Week 6: Cyber Crime

Useful Links to Websites :

Childline: 0800 1111 www.childline.org.uk

Victim support: www.victimsupport.org.uk

Childnet: <https://www.childnet.com/young-people>