

3rd May 2023

Re: Community Wellbeing Day

Dear Parents and Carers,

We are excited to announce that we will be holding our first Airedale Community Wellbeing Day. This event has been designed to help and support families within the Airedale community to access services face to face for advice and support.

As a secondary school we acknowledge that people within the community are not always aware of the support that is available, so we wanted to host an open event with cakes and refreshments as an opportunity to meet key professionals that can be accessed within the local authority.

This is a **FREE** event, where there will be opportunity to discuss any issues or concerns where referrals can be made to support children and families. This event has been opened up for all students at Airedale Academy and Year 6 students who will be starting at Airedale in September 2023.

This will be held at The Hut from 11am- 3:30pm on Wednesday 10th May. This is a walk in event and does not require an appointment. Please see below some of the services who will be there to support.

Airedale Academy SENDCo Support

At Airedale Academy, we want to identify and break down all possible barriers to learning so that all students whatever their physical or learning needs, can achieve their full potential. As the SENDCo at Airedale, I will be available to discuss any possible concerns regarding learning and special educational needs and disabilities, this may include possible concerns of undiagnosed needs or referrals to appropriate agencies. For some young people it is appropriate to apply for an Education, Health and Care Plan (EHCP), if this is appropriate, I will support you through this process. As a school we can support parents and carers to signpost and refer to the appropriate agencies including services such as;

- Attention Deficit Hyperactivity Disorder (ADHD)
- Autistic Spectrum Disorder (ASD)
- Speech and Language (SALT)
- Occupational Therapy (OT)
- Educational Psychologist Service (EPS)
- WISENDSS
- CAMHS

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Airedale Academy Safeguarding Team (DSL)

The safeguarding team work to ensure the safety of our students both inside and outside of school, working predominantly with our children in care or those with Social worker or early help involvement. We can support young people who may have been the victim or perpetrator of a crime and support with any form of abuse or mental health concerns. We can offer support to young people and help facilitate referrals into external agencies to ensure that they receive the support they need and deserve.

Wakefield Educational Psychologist Service

The Educational Psychology Service is part of the Inclusion Service for children and young people in Wakefield. The team of Educational Psychologists work with children and young people from 0-25 years.

They work with parents, schools, colleges, early year's settings and other agencies. The EP meets with staff through a range of consultative meetings including Planning Meetings, Consultation and Drop in meetings, as well as through meetings to discuss individual pupils and approaches to meet their needs.

Involvement of an EP at SEN Support is essential, as part of the My Support Plan, if the school is to make a request for a statutory assessment (for an Education, Health and Care Plan) for an individual pupil.



Wakefield Inclusion and SEND Support Service (WISENDSS)

WISENDSS offer advice and interventions to address needs and develop skills in:

- Cognition and Learning
- Communication and Interaction
- Social, Emotional and Mental Health

How are children referred to WISENDSS?

We take all our referrals from the SENCO.

We provide a team of;

- Inclusion/Advisory teachers with individual specialisms, who can investigate needs and provide advice to settings.
- Senior Specialist Learning Support Officers, who can work with children, and model



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strategies and interventions to setting staff.

- An Intervention Practitioner who can work directly with children around expressing their feelings and having their voice heard.

We are proud to be training partners for the Autism Education Trust

Young Carers

The Young Carers group is for any young person who is aged 11 – 19 (and attending secondary school) who participates in any kind of caring role for a family member. This might be a sibling, parent, carer, or grandparent who needs help because of their age, disability, long term condition, mental illness or substance misuse issues.



The support you provide in your caring role could include:

helping around the house, personal care, support with lifting, support with health issues, or looking after younger siblings due to parent illness/disability etc.

This groups gives Young Carers an opportunity to have a break from caring, make friends, and access support if they need it.

How the service can help you

We offer a range of advice, support and education on emotional health matters using text, web based and face to face to support children, young people and families to improve and maintain emotional health.

Compass Wakefield

Compass staff can work with you if you're experiencing mild, emerging emotional health difficulties and you want to stop things getting any worse.

So, issues may include low mood, anxiety, managing different emotions like anger, being scared, friendship groups, being bullied or online bullying, friendship problems, loneliness and sadness would also be addressed.



Compass staff, working in local communities, will offer

- Guided/self-help (online & face-to-face)
- Psychoeducation
- Supported referrals
- Peer support groups
- Parenting programmes

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Wakefield Family Hub and Youth Hub- The Hut Airedale

The addition of Youth Hubs to [Family Hubs](#) will allow for more services and support specifically centred around key priorities to children and young people, including:

- Increasing participation in employment and education
- Improving health and wellbeing
- Access to positive activities
- Delivering more universal open access support for young people aged 11-24



This support will be delivered by the Youth Work Team, who will work closely with other teams and partners to meet the needs of young people from across the Wakefield district.

Future in Mind

Promoting, protecting and improving our children and young people's mental health and wellbeing.

What is the health and wellbeing strategy Wakefield?

Our priorities for health and wellbeing are based on what we know makes the biggest difference to improving people's health. They are taken from the Marmot Review, a national, evidence-based framework, which looks at what keeps us healthy, from before we are born and as we grow, live, work and get older

If you do have any questions, please do not hesitate to contact the school.

We look forward to seeing you there.

Mrs P Lowe
SENDCO