

Rotation 1 Student Wellbeing topics for Y11

Within rotation one of student wellbeing with year 11, pupils will be learning about one of 4 key topics these topics are:

Physical Health and Mental Wellbeing

Risk and Safety

Online Media

Sex and Healthy Relationships

Please ask your child which unit they are completing this half term. Any requests to see the resources we use can be directed to AAInfo@northernambition.org.uk

Lessons within the Risk and Safety unit

Week 1: Gang Crime

Week 2: Knife Crime

Week 3: Hate Crime

Week 4: Extremism

Week 5: Extremist Language
Influences

Week 6: Extremist

Week 7: Radicalisation

Useful Links to Websites :

<https://www.gov.uk/report-terrorism>

Cst.org.uk

tellmamauk.org

galop.org.uk

Kickitout.org

report-it.org.uk

www.childline.org.uk

Lessons within the Health & Wellbeing unit

Week 1: Coping Strategies

Week 2: Mental Health

Week 3: Media and Wellbeing

Week 4: Skin Cancer Checks

Week 5: Breast Cancer Checks
Checks

Week 6: Testicular Cancer

Week 7: Cervical Cancer & Screening

Useful Links to Websites : www.bbfc.co.uk/education

www.childline.org.uk

www.youngminds.org.uk

www.samaritans.org

www.beateatingdisorders.org.uk

<https://coppafeel.org/>

<https://orchid->

cancer.org.uk/testicular-cancer/

airedaleacademy.com

<https://www.skincancer.org/>

<https://www.iastruct.org.uk/>

Lessons within the Online Media unit

Week 1: Digital Footprint
Presence

Week 2: Online

Week 3: Target Marketing

Week 4: Money Mules

Week 5: Pornography
Laws

Week 6: Social Media

Week 7: Gambling

Useful Links to Websites :

Nationalcareers.service.gov.uk

www.prospects.ac.uk

www.childline.org.uk

www.brook.org.uk

www.fpa.org.uk

www.stonewall.org.uk

Lessons within the Sex/Relationship unit

Week 1: Sexual Offences

Week 2: Consent & Victim Blaming

Week 3: Upskirting
Pornography

Week 4: Revenge

Week 5: Sexual Exploitation

Week 6: Domestic Abuse

Useful Links to Websites :

www.brook.org.uk.

www.domesticabuseservices.org.uk

www.childline.org.uk

www.youngminds.org.uk

www.samaritans.org

www.refuge.org.uk

www.womensaid.org.uk

www.mankind.org.uk

www.galop.org.uk

www.themix.org.uk

<https://stop-ce.org/>

<https://www.barnardos.org.uk/what-we-do/protecting-children/cse>